

# Challenge Sports - Trampoline Classes

## Frequently Asked Questions

Our trampoline classes are held Year Round on Tues .and Wed. evenings and are currently full. Substitute opening are available.

**Enrollment:** Openings in classes are filled by active substitutes. Our Sub list is the Waiting List. You must try the class prior to being added to the sub list.

**Ages:** Generally 12 – Young Adult but some younger kids may be appropriate.

**Where:** Sky High Sports on Folsom Blvd in Rancho Cordova.

**When:** We offer two classes, Tuesday and Wednesday evenings from 7-8pm.

**Cost / Payment:** Jumpers enrolled in the classes pay on a monthly pre-paid basis calculated at \$10 per class. Subs Pay \$10. per class on the evening they participate.

**Class Structure:** Classes are mixed ages and ability. Kids with extreme behavior concerns may have a difficult time with this program as the classes are semi-structured (not a free jump environment).

**Staff:** Each class has an instructor and generally 2 aides (buddies). Most of the trampoline staff are High School students.

**Buddies:** One-One Buddies are not offered in the trampoline classes. If your child needs additional assistance in the classes, you will need to provide a helper for them.

**More information:** Request a Trampoline Class Overview by contacting Challenge Sports. These classes are not offered or sponsored by Sky High Sports.